

WESTSIDE Enrichment/Specials Alternate Learning Board
Week of April 6- April 10, 2020

No Distance Learning April 10 & April 13 ~ Easter Break

*If you have questions about the assignments for engaged learning below
email or call the teacher*

*Educator offsite office hours of 9am-11am and
1:00-3:00pm. (Monday – Friday)*

School Counselor: Mrs. Karna Ziemer (605) 742-2232 or
email: karna.ziemer@k12.sd.us;

School Office Phone (605) 698-7613 ext. 1

WESTSIDE ELEMENTARY SCHOOL

Harmony K-2	Harmony 3-5
<p>Discuss with your family the following scenarios and how they might make you feel:</p> <p>You stepped on a friend's foot and he or she started crying.</p> <p>Your class won a pizza party.</p> <p>A friend said she liked your drawing.</p> <p>Some kids laughed because you spilled all over your shirt.</p>	<p>We will discuss a method of problem solving using a model called Step it up!</p> <p>*Watch Dojo/Remind for lesson</p> <p>S- Stop, think and cool off (what are some ways you can calm down?)</p> <p>T- Talk it out</p> <p>E – Evaluate possible solutions</p> <p>P- Pick a realistic solution</p> <p>Following these steps can help you take control of your feelings, talk and listen respectfully and identify solutions to conflicts.</p> <p>Discuss the following scenario with a family member – each of you should share</p> <p>how it would make you feel if it happened to you – Discuss how you would use the Step it up model to solve the problem.</p> <p>You and your cousin are watching a movie you've been excited to see. Your cousin has already seen the movie, and you ask her not to tell you what happens. She decides later that she can't wait and blurts out the ending.</p> <p><i>How do each of you feel? What can you do to solve the problem?</i></p>